

Tabella 2: Classificazione del BMI (Cole, 2007)

BMI e VSN in Pediatria								
Età Anni	Magrezza grave		Magrezza lieve		Sovrappeso		Obesità	
	M	F	M	F	M	F	M	F
2	13.4	13.2	15.1	14.8	18.4	18.0	20.1	19.8
3	13.1	13.0	14.7	14.5	17.9	17.6	19.6	19.4
4	12.9	12.7	14.4	14.2	17.5	17.3	19.3	19.1
5	12.7	12.5	14.2	13.9	17.4	17.1	19.3	19.2
6	12.5	12.3	14.1	13.8	17.5	17.3	19.8	19.6
7	12.4	12.3	14.0	13.9	17.9	17.5	20.6	20.5
8	12.4	12.3	14.1	14.0	18.4	18.3	21.6	21.6
9	12.5	12.4	14.3	14.3	19.1	19.1	22.8	22.8
10	12.7	12.6	14.6	14.6	19.8	19.9	24.0	24.1
11	12.9	12.9	15.0	15.0	20.5	20.7	25.1	25.4
12	13.2	13.4	15.3	15.6	21.2	21.7	26.0	26.7
13	13.6	13.9	15.8	16.3	21.9	22.6	26.8	27.8
14	14.1	14.5	16.4	16.9	22.6	23.3	27.6	28.6
15	14.6	15.0	17.0	17.4	23.3	23.9	28.3	29.1
16	15.1	15.5	17.5	17.9	23.9	24.4	28.9	29.4
17	15.6	15.8	18.0	18.2	24.5	24.7	29.4	29.7
18	16.0	16.0	18.5	18.5	25.0	25.0	30.0	30.0